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The relief of various pain symptoms via Faradarmani

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Abstract

Introduction: Faradarmani (Founded by Mohammad Ali Taheri) is an Iranian complementary and alternative medicine that is based on the theory of "consciousness bond of the parts". This report intends to study the effect of Faradarmani on pain relief of various illnesses. **Method:** 157 volunteers, who self-reported various pains before Faradarmani treatment, were asked to close their eyes (optional) 10-15 minutes a day and undergo Faradarmani treatment. **Results:** According to the survey, among the 157 patients (73/2% female, 26/8% male, 5 to 80 years of age, education level from illiterate to PhD) 9 types of pains (headaches, stomach ache and pain in knee, hand, joints, leg, heart, back and neck) were eased via Faradarmani. **Conclusion:** Faradarmani, as a complementary and alternative medicine, can be effective in the relief or relative reduction of various pains.

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Keywords: Faradarmani, Interuniversal Consciousness, complementary and alternative medicine, pain, psychosomatic illnesses;

1. Introduction

1.1. Definition of Faradarmani

Faradarmani, as a Complementary and Alternative Medicine (CAM) founded by Mohammad Ali Taheri, is based on the theory of "**The Consciousness Bond of the Parts**" or "**Constituents Having Consciousness in Common**". "Through this therapy, the patient/individual becomes connected to the Interuniversal Consciousness (The collection of awareness or consciousness encompassing the universe) via the Fara-therapist [the practitioner only plays an intermediary role in providing the connection between the individual and the Interuniversal Consciousness]. After this bond is established, the person automatically undergoes the scanning stage in which all existential constituents of the individual undergo scrutiny through the Consciousness Bond in order to detect any manifested or hidden diseases. Scanning means inspecting the individual's whole being which encompasses countless different constituents (Diverse bodies including the physical body, psycheal body, mental body, astral body and so on, various energy transformers namely known as "Chakra", numerous energy channels like those of limited, restricted or the fourteen non-physiological channels in the body as studied in acupuncture, varied energy fields, components such as cellular intelligence, molecular frequency, several software constituents, and an infinite number of other unidentified elements, software-based constituents, and the like). Therefore, accomplishing this task is not possible except via the help of a grand intelligence beyond the wisdom, expertise and knowledge of human." (Taheri, 2012)

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1.2. Psychosomatic illnesses according to Faradarmani

In Faradarmani, psychosomatic illnesses are caused when a person acts in a two-faced manner (such as pretence, repression, compromise, tolerance beyond capacity) to better deal with the undesired surroundings. This leads to greed, sadness, grief that creates "negative potential energy". When this negative energy reaches a certain level, the person will be prosecuted by the High Court (an unconsciousness subdivision of the mental body (Taheri, Definition of 'Mind (Zehn)' or 'Mental body' as approached by Psymatology, WCPCG 2012)) and is sentenced to physical diseases.

1.2.1. Subconscious Mind

The human subconscious is a collection of software-based programs, and it includes several different divisions, such as:

- The programmed self (primary or initial personality) (Taheri, The programmed self as approached by Psymatology, PSYSOC 2012)
- The programmable self (Taheri, The programmable self as approached by Psymatology, PSYSOC 2012)
- The defensive self or the second mother: defensive psychological response
- The justice-attorney self (the High Court division)

1.2.2. The Justice-Attorney Self or the High Court

“The "**Justice-Attorney Self**" or the "**High Court**" is a division of the subconscious that takes action based on a *special self-assessing system*, and punishes those who are not acting in accordance with their responsibilities.

The **negative potential energy** is the collection of the negative energies produced as a result of feelings such as agitation, frustration, worrying, bottled up feelings, sorrow and grief, sadness, jealousy, feeling of failure, or guilt, and so on. This court -in response to the negative potential energy which an individual produces- brings him to the court and sentences him to bear the illness. These types of illnesses are called **psychosomatic illnesses**. Considering the above explanation, we call this group of illnesses the **court-related illnesses**.” (Taheri, classification of disorders as approached by Psymatology, WCPCGY 2012)

“One of the most important factors in creating the negative potential is **dual or two-faced behaviors** which include: pretending and faking, compromise, suppression, tolerance and the like. Two-faced behaviors compose a major part of our behaviors and help us adapt to the environment and our surroundings. However, when this is beyond an individual’s capacity, it leads to the making of negative potential energy and eventually to psychosomatic illnesses. The High Court brings the negative potential energy case to court, and in proportion to the quantity of this energy, the individual is sentenced to suffer a type of illness. This illness can come with or without physical symptoms. Under no circumstances are the convict’s defenses acceptable in this court, as **the court acts in accordance with the philosophy of the human being’s creation. The belief of this court is that the human being has not come onto the Earth to produce negative potential energy.**” (Taheri, classification of disorders as approached by Psymatology, WCPCGY 2012)

“In summary, while interacting with the outside world events, an individual must often exhibit two-faced behaviors to better adapt to his environment. As this behavior is not favorable or desirable for him, it can consequently lead to agitation, frustration, bottled up feelings, and so on, followed by the accumulation of a type of negative energy called the negative potential energy. When the quantity of such negative energy reaches a certain level, the individual will be taken to the High Court and goes through a one-way conviction. The sentence is executed on the individual as a physical illness, which sometimes has no specific physical symptoms, yet one feels the pain and the related disabilities. As this type comes with no physical symptoms, the medical doctor would tell these patients that their problems are stress related, or more specifically, that they have psychosomatic illnesses (Figure 1).” (Taheri, classification of disorders as approached by Psymatology, WCPCGY 2012)

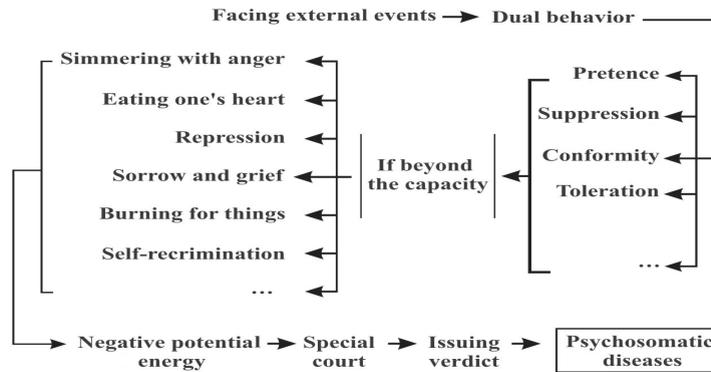


Figure 1. Chart of psychosomatic illnesses

As explained, the High court’s affairs are based on a *special self-rewarding system* which engages individuals who do not fulfill their mission of attaining Spirituality (**Kamal**). It seems that this system is in accordance with the reason behind human being's creation since it causes him to understand that he has been created for greater purposes, rather than agitation, and so on. Below are some of the common illnesses related to the High Court:

- Agitation and worry → Heart disease;
- Inward projection of negative feelings → Gastric Ulcer
- Sorrow and grief → hypothyroidism
- Worrying together with inner conflicts → Ulcerative Colitis (intestinal)

1.3. Purpose

This report intends to study the effect of Faradarmani on patients with different types of pains.

2. Method

The study was carried out on 157 volunteers from different cities of Iran who self-reported various pains they were suffering prior to initializing Faradarmani treatment. The criteria for recovery are the patients’ self-reports on the relief or relative reduction of their pain (for children the parents' reported).

Faradarmani was administered by a trained practitioner (Fara-therapist) from long-distance (Taheri, 2010). The patients were asked to close their eyes (that is optional) for 10-15 minutes per day and undergo Faradarmani treatment. During a Faradarmani session the patient is asked to dispel the distracting thoughts, and merely observe, impartially (Taheri, 2010), the feelings and experience encountered during the therapy. The patients were required to do this procedure at least once a day and afterwards the details of their treatment and the subsequent outcome and feelings were discussed once a week with the Fara-therapist.

3. Results

According to the survey, among the 157 patients (73/2% female, 26/8% male, 5 to 80 years of age, education level from illiterate to PhD) 9 types of pains (headaches, stomach ache and pain in knee, hand, joints, leg, heart, back and neck) were eased via Faradarmani.

4. Conclusion

The findings of the present study indicate that Faradarmani as a Complementary and Alternative Medicine (CAM) can effect on the relief of pain symptoms on patients.

More research is encouraged to further support its permanence and effectiveness on other diseases

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