The Definition of Psymentology

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Definition of Psymentology

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Methodology:

During a Psymentology session the patient is asked to close their eyes for at least five minutes and manage to dispel the distracting thoughts, and merely observe, impartially, the feelings and experience encountered during the therapy. The patient was required to do this procedure at least once a day and afterwards the details of his treatment and the subsequent outcome and feelings were discussed once a week with the Psymento-therapist. In summary; through Psymentology the patient becomes connected to the Interuniversal Consciousness (the network of awareness and consciousness encompassing the universe) via Fara-therapist and undergoes the Scanning process; due to the nature of this connection, some information is conveyed and the defective parts are treated.

Keywords: Psymentology, complementary and alternative medicine, mind-psychology, Interuniversal consciousness, human existence, Cosmic Internet, Iran

TEXT:

Being categorized amidst other fields in Complementary and Alternative Medicine (CAM) of Iran, and concerning the mind-psychology of mankind, Psymentology has an Interuniversalist perspective on the human being with an all inclusive approach. Mind and psyche each are dealt as a separate concept in Psymentology, comprising a specific part of an individual. This subject tries to alleviate mental and psychic disorders.

Psymentology Objective

The main target of Psymentology is the recognition of humankind, and the constituent software of the human existence, the diagnosis and treatment of mental and psychic disorders, as well as the unknown & unidentified disorders, which could also be pursued further as sub-classified below:

1-Acquiring Self-recognition in order to truly locate the human status in universe and the constituent software of the human existence.

2-Provision of precise definitions embracing the Human; Excellence; Perfection & man’s Culmination, & etc.
3-Assisting mankind to attain the best quality of:
a. Well being  
b. Well doing  
c. Well having  
d. Well thinking  

4-Diagnosis of mental and psychic disorders along with resolving and software treatment of the above-mentioned problems.  

5-Provision of up-to-date definitions in relation to mental and psychic maladies, besides diagnosis and dissociation of normality and abnormality.  

**History**  
Founded by I thirty years ago, “Psymentology” or “Interuniversal Mind-Psychology” has now gone through its experimental phases quite successfully.  

Psymentology originated from the time when I (the founder of Faradarmani and Psymentology) encountered with the truths and facts of existence, excessively grabbing my attention as a child; reflecting over “Where do we come from? Where are we going to? Why are we here? Where are we heading to? Who is the creator? What has he made the creation for? What is the outcome of this creation? Who is mankind? What are the possible ways to approach & acknowledge Him? How are His potential powers activated? What are life and death? And etc.” I mean I had a great enthusiasm to comprehend the existing universe, to discover its mysteries and secrets which was incessantly conquering my mind. Then, on November 1st 1978 and all of a sudden, some mental inspirations and revelations occurred to me following which some dimensions/angles of the human being and existence were disclosed, and led me to the understanding that there is an immense Awareness & Consciousness dominating the whole of existence.  

Identical to a “Cosmic Internet”, this all-encompassing awareness has integrated all its constituent elements covering them up consciously. This revelation was not only including the theoretical issues but also the applicable information and operational instructions for practice; therefore the manner of applying such an Internet was the due reason to establish fields like: Faradarmani, Psymentology, and some other. As a consequence to such a perception came the “Interuniversal” mentality, based on which mankind is supposed to expand his reflections unto the entire existence, viewing life from a wider viewpoint, figuring and reaching out to his/her own unique position.  

**Psymentology: General Principles**  

1-The human existence possesses an infinite number of interrelated components. Likewise, any method intending to analyze him must previously contain an “Interuniversalist” approach, simply to be able to inclusively explore his infinite number of interrelated existing components all together.
2-To learn about man’s intrinsic essence and philosophy of existence, besides his true status in the ecosystem, his behavior and personality as well as other definitions relating to mankind are to be lucidly interpreted and illustrated. Having this in mind, Psymentology pays special attention to the comprehension of man’s stance in the ecosystem.

3-Man’s psyche, physique and other constituent elements in his existence are considered all integrated and unified, whereas separating them apart would only lead to erroneous consequences.

With regards to the fact that Psymentology is an Interuniversal science, each and every internal and external factor contributing to man’s conduct is totally investigated.

**A Brief Definition of the Dimensions of the Human Existence**

As stated earlier, in “Psymentology”, defining the dimensions of the human existence is a function of the “Interuniversalist” approach by having an Omni-lateral prospect upon the human being.

Within this perspective, the aspects of the human dimensions are viewed as countless, comprised of various counts of software & hardware fragments. Of course, the entire hardware components are eventually managed and controlled by a single software compartment.

Some of human constituent components are:
1-Diverse bodies like: the physical body, psychic body, mental body, astral body, etc.
2-Various energy transformers, namely known as “Chakra”.
3- Numerous energy channels like those of limited, restricted or the fourteen non-physiological channels in the body as investigated in acupuncture.
4-Varied energy fields surrounding the body such as: polarity field, bio-plasma field, etc.
5-Components like: cellular consciousness, molecular frequency, several software constituents, and an infinite number of other unidentified elements.

In the Interuniversal approach, each fragment is contemplated in correspondence with every other element. Physique, psyche, mind, different bodies and other human components of existence are interrelated, where any impairment to one part could lead to the destruction of the others.

Subsequently any exact diagnosis and/or even locating the particular component pertinent to the malady would be out of question. Here only an intelligent system with thorough competence, via an exhaustive scrutiny - or Scanning, could diagnose and cure any afflicted constituent part.

Such a superb conscious grid, known as the “Universal Consciousness Network – or Interuniversal Consciousness” is being utilized in Psymentology. This network is the overall awareness & consciousness, dominating the whole universe, just like a “Universal Internet”; which is intelligently integrating and cohesively overlapping all the components there.
General Subjects in Psymentology
The subjects of Psymentology fall into two general categories:

1. Theoretical
- Definitions regarding the components of the human existence as well as an understanding of the setup of man’s structural blueprint.
- Recognition and recovery methods of psymental disorders and psychosis.
- Analysis and description of the complications concerning the mental perceptions, psychic emotions & drives, and the resulting behavioral phenomena.

2. Practical
- Includes all the prevention methods, the elimination procedures of the mind-psyche injuries, and healing unidentified disorders.

“Psymentology” or “Interuniversal Mind-Psychology” is a framework in which the treatment is achieved through a software approach and without any hardware interventions or manipulations & Process

“Psymentology” or “Interuniversal Mind-Psychology” is a framework in which the treatment is achieved through a software approach, without any hardware interventions or manipulations (by hardware we mean the treatments applied physically [i.e. externally] such as pharmaceutical, invasive & surgical, physiotherapy, massage treatments, or any other similar method in which utensils and devices are to be implemented. On the contrary, by software interventions we mean only those therapeutic applications related to the internal software of man, away from any pharmaceutical or operational, & etc. treatments, and without resorting to any technique, in order to examine and resolve the patients’ ailments). Despite that psychoanalysis, psychotherapy and etc. are classified as software interventions; none of them are applied in Psymentology. In fact, Psymentology is not technique-based, and by this, it is vividly distinguished from other common psychology & psychiatry therapies.

“Psymentology” seeks to understand mankind and the constituent software of his existence, and also to cure man’s unidentified mental conflicts by serving as Complementary & Alternative Medicine (CAM) in helping those who are troubled. Viewed as a tiny member in this set-up, humankind is supposed to play his/her role quite accurately. Abnormality (malady) refers to any type of: disorder, blockage, damage or imbalance in any of the infinite constituting components of man’s existence.

Assuming the definition of the malady and implementing it in accordance with that of the Interuniversalist approach, drawing a diagnosis, in that case, would be something unlikely and impossible.

One of the reasons to the existence of such a variety of specialized fields in current medicine is to achieve a more accurate diagnosis as well as implementing a more applicable treatment procedure.
Therefore, a common field of therapy is divided into as many subcategories and specialties as demanded, in order to facilitate a more accurate diagnosis. Finally, the patient’s status is diagnosed with many varied opinions and several diagnostic statements.

In Faradarmani and Psymentology, the patient’s treatment process is followed as described by an “Interuniversalist Approach”. Through these two complementary methods and quite unlike other medical fields, neither the diagnosis nor its treatment is attained by a human being; it is a process in which the therapist plays no role at all. This distinctive diagnosis, free from any human initiative or even intervention, takes place principally by the grand Consciousness (the unique Cosmic Awareness), through investigating (Scanning) the being, diagnosing/locating the defected components, and healing them afterwards. As a matter of fact, “Scan” indicates that the whole human existence is thoroughly scrutinized by the magnifying glass of this Consciousness (Interuniversal Consciousness Network).

As explained earlier, mankind is comprised of countless constituent components, thus, the scanning and correction could only be made possible with the support of this grand Consciousness.

Psymentology and Its Significant Practical Application

It is more than three decades since the foundation of Interuniversal mysticism (Erfan-e Halgheh) and its subdivisions including the two complementary medicines of "Faradarmani” and "Psymentology" by Dr Mohammad Ali Taheri in Iran. Currently about 20,000 trainers are teaching the concepts of this pathway worldwide and there are millions of people who are familiar with and users of its practical applications.

Interuniversal Mysticism is a mystical outlook that its insights conform to the framework of Iran’s native Erfan (mysticism). Interuniversal Mysticism examines the mystical concepts both in theory and in practice, and since it includes all human beings, everybody regardless of their race, nationality, religion and personal beliefs, can accept its theoretical part and experience and make use of the practical aspect.

The practical aspect of this Erfan is based on the connection/establishing a link to the several circles (Halgheh) of the "Interuniversal Consciousness" and the entire pathway of exploration and transformation is made possible through the circles (Halgheh) which can be applied and utilized in practice.

The Interuniversal Consciousness (the "whole" consciousness - Divine Intelligence) is the collection of awareness or consciousness encompassing and governing the universe that is similar to a "Universal Internet" and is intelligently integrating and cohesively overlapping all the components. Establishing a link or connection (Ettesal) between man and the whole consciousness (the Interuniversal Consciousness) can accomplish affairs and bring about results that man, singlehandedly, through his own abilities is not capable of attaining. Amongst the outcomes of this connection are comprehensions of the truths of existence, the Unity of the world of existence, the purposefulness of creation, human’s mission in ecosystem. Amongst numerous other applications of this connection is healing and recovery which is the subject of Faradarmani and Psymentology as 2 complementary and alternative medical treatment methods. Due to the
broad spectrum of the applications, we only limit our discussion relevant to the scope of this paper.

As discussed, one of the circles (Halgheh) of the "Interuniversal Consciousness" is Psymentology that is based on the theory of "the Consciousness Bond of the Parts" or "Parts Having Consciousness in Common". Through this therapy, the patient/individual becomes connected to the Interuniversal Consciousness via Psymento-therapist (the practitioner is just a mediator providing the connection between the individual and the Interuniversal Consciousness). After this bond is established, the person automatically undergoes the Scanning stage in which all existential constituents of the individual undergo scrutiny through the Consciousness Bond in order to detect any manifested or hidden defects or diseases.

The process of Psymentology has revealed the existence of the Interuniversal Consciousness, and also exposes its functional and practical applications to be experienced exploited. Through such experiences, new portals of intellectual revolution have been opened to mankind, because he is on the way to observe and ponder over the whole creation from a different outlook. In other words at this stage mankind would attain a practical acquaintance with the Consciousness leading the universe.

**Interuniversal Consciousness or "Cosmic Internet"**

As mentioned above, the Interuniversal Consciousness is an immense Awareness and Consciousness governing the world of existence. Similar to a "Cosmic Internet", this all-encompassing consciousness has covered up all its constituent elements and subsets by intelligence/consciousness. A meaningful resemblance could be established between the Interuniversal Consciousness and a Universal or "Cosmic Internet". To clarify this expression (Cosmic Internet) one should consider the capabilities of the internet at the present time and comparable features with those of the Cosmic Internet.

One of the applications of the internet is updating the product’s software and this can be done by referring to the manufacturer’s website. It is worth mentioning that the manufacturer releases the product with some initial in-built operating software; however accessing more advanced updates or utilities requires referring to the manufacturer’s website. For a human being, the same procedure has been arranged by the designer and the manufacturer.

In this manner, there is a Cosmic Internet (Interuniversal Consciousness) and a Manufacturer Website (The Creator on High) for mankind. In this systematic approach some of the many programs and capabilities have been consolidated potentially within an individual but in an inactive fashion. To activate such dormant features one should refer to the producer’s website. In order to accomplish this, one should get connected to the manufacturer website via Cosmic Internet (Interuniversal Consciousness) so that, through accessing highly advanced programs, his restricted capabilities and potentials become upgraded to a more optimum level, and through this assistance which reactivates (i.e. turns on his existential switches which were off before) a series of his inactive and dormant abilities such as Fara-zehni receptors, will progress further.
In fact human beings are regarded as "parts" (like single websites) which make sense when their link to the "whole" (like the Internet network) is considered. Inevitably humans must establish such a connection with the ultimate whole to find out his identity and capabilities and present them (the method of establishing such a connection/ link must be discussed separately as it is out of the scope of this paper).

By making use of the consciousness encompassing the existing universe, in addition to attaining therapy and self-exploration, it is hoped that we will be able to comprehend the Creator’s (On High) strategy and manner of managing the world of existence as well as perceiving His excellent design and the breath taking creation. It is hoped that through understanding the precise calculation of the universe we perceive this important point; what splendid preparations the Creator has foreseen to facilitate our presence on the planet Earth. Having this knowledge, more than ever, we become aware of our negligible and trivial presence; and in reaction to such a spectacular creativity, express our genuine and heartfelt praise.

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ACAH2013 - The Fourth Asian Conference on Arts and Humanities
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