Definition of 'psyche', psychological or emotional body as approached by psymentology

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Abstract

Being categorized amidst other fields in Complementary and Alternative Medicine (CAM) of Iran, and concerning the Mind-psychology of mankind, "Psymentology" ['Psyche' + 'Mental' + 'Logy'] or "Interuniversal Mind-Psychology" has an Interuniversalist perspective with a totally holistic way of viewing the human being. Mind (:\emph{Zehn}) and psyche each are dealt as separate concepts in \emph{Psymentology}, each comprising a specific part of an individual. This subject tries to alleviate mental and psychological disorders.”Psyche” is the part of human existence which detects and manifests human feelings. After the mind deduces and perceives internal & external events, the Psyche becomes involved and based on its own predefined programs and learnt criteria, transliterates each mental perception into the language of emotions, bringing about a sense of grief, rapture, fear, resentment, repulsion, happiness, misery, pride, hope, disappointment, disgrace, and so on. The Psyche is divided into two sections "Instinctive Psyche" and "Emotional Psyche".

1.1. Definition of Psymentology

Any method of treatment other than the classic conventional medicine falls under the Complementary and Alternative Medicine or C.A.M. The organization of National Centre for Complementary and Alternative Medicine (NCCAM), a subsidiary of Health and Human Services (H.H.S.) and National Institute of Health (NIH) in the U.S.A, which is in close cooperation with the World Health Organization (WHO), has classified C.A.M. into five categories:

1- Energy Therapies
2- Manipulative and Body Based Therapies
3- Alternative Medical Systems
4- Mind-Body Interventions
5- Biologically Based Therapies

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Psymentology falls under the fourth category of Mind-Body Intervention and the sub-category of Mental treatment.

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1.2. Psymentology Objective

"Psymentology" or "Interuniversal Mind-Psychology" is a framework in which treatment is carried out through a software-based approach, without any hardware interventions or manipulations. By hardware we mean the treatments applied physically [i.e. externally] such as pharmaceutical, invasive & surgical, physiotherapy, massage treatments, or any other similar method that requires utensils and devices to be applied. On the contrary, by software interventions we mean only those therapeutic applications that are related to the existential software embedded in man that examines and resolves the patients’ ailments without any pharmaceutical, operational or other similar treatments and without resorting to any technique.

"Psymentology" seeks to understand mankind and the constituent software of his existence, and also to cure man’s unidentified mental conflicts by serving as a Complementary & Alternative Medicine (CAM) in helping those who are troubled. In this approach the probing and the removal of any software disorders would be achievable thanks to the “Interuniversal Consciousness Network”. (For details please see section "Psymentology and Its Significant Practical Application” in the same article)

1.3. A Brief Definition of the Dimensions of the Human Existence

"Interuniversalism" or "Interuniversalist perspective" is a totally holistic way of viewing the human being. In this perspective man is not considered just as a pile of flesh and bones, but as vast as the world of existence.

In "Psymentology", defining the dimensions of the human existence is a function of the "Interuniversalist" approach, by having an all inclusive prospect upon the human being. Within this perspective, the aspects of the human dimensions are viewed as countless, comprised of various counts of software & hardware fragments. The entire hardware components are eventually managed and controlled by a software compartment.

Some of human constituent components are:
1- Diverse bodies such as the Physical body, Emotional body (Psychological body), Mental body (Mind/Zehn), Astral body and so on.
2- Various energy transformers, namely known as “Chakra”.
3- Numerous energy channels like those of limited, restricted or the fourteen non-physiological channels in the body as investigated in acupuncture.
4- Varied energy fields surrounding the body such as polarity field, bio-plasma field and so on.
5- Components such as cellular consciousness, molecular frequency, several software constituents, and an infinite number of other unidentified elements.

In the Interuniversalist approach, each fragment is studied in relation to other elements. Physique, Psyche, Mind (Zehn), different bodies and other human existential components are interrelated, where any impairment to one part could damage others.
Subsequently any exact diagnosis and/or even locating the particular defected component by human would be out of question. Here only an intelligent system with thorough competence, via a precise scanning, could diagnose and cure any defected part. Such a superb conscious grid, known as the "Universal Consciousness Network" or "Interuniversal Consciousness" is being used in Psymentology.

2.1. Definition of Psych (Psychological Body or Emotional Body)

Psychological Body is one of the important bodies of man’s existence that discovers, examines and reveals the emotions. It also examines the subjects related to the Step of Eshq (Love) such as passion and yearning, spiritual rapture and joyfulness, amazement and bewilderment, compassion and affection, excitement and ecstasy, sacrifice and devotion, love and affection and so on, and sends the related messages to the brain which in turn, reveals the necessary reactions on the physical body. [For more information please refer to Step of Logic and Step of Eshq (Love), "Human from Another Outlook", M.A. Taheri]

For example a horror scene is first filtered through the perception filter of the Mental Body and the perception filter determines its intensity level. That’s why an incident that causes fear in one person might not cause the same reaction in another. Similarly, one woman might faint upon seeing a mouse, whereas another woman might react normally.

Perception is an individual’s interpretation of his surroundings, the world of existence and the external events. This filter is programmed in advance according to the type of thinking, experiences, personal understandings and environmental effects; then accordingly seeks to evaluate the intensity and weakness of the current events, their existential values and other criteria. Perception in the broad sense can be defined as the individual’s interpretation of himself and the world. [For more information please refer to the book “The Human Comprehensive View on the World”, M.A. Taheri]

After the mind deduces and perceives internal & external events, the Psyche becomes involved and based on its own predefined programs and learnt criteria, transliterates each mental perception into the language of emotions, bringing about a sense of grief, rapture, fear, resentment, repulsion, happiness, misery, pride, hope, disappointment, disgrace, and so on.

Subsequently, after the reaction of the psyche, our brain reacts to the external events and by sending chemical messages makes our physical body react in accordance. That is to say that in case of fear, chemical secretion (in this case Adrenalin) puts us on the alert mode, and thus the relevant signs appear on our face and body. (Figure 1)

![Figure 1. Interrelationship between the perception filter, Mental body, Emotional body (psyche) and physical body](image-url)
2.2. The Positive and Negative Phase

As illustrated in figure 2, Psychological Body is composed of two positive and negative sections with the following characteristics:

The positive section discovers and perceives our positive emotions, and is in charge of the absorption and emission of the positive radiation. (Here the term "radiation" refers to an emission/vibe that lacks chemical or physical effects, is not frequency or particle in nature, and only produces a consciousness effect).

By displaying positive feelings, the brain issues proper and favourable chemical messages; in addition, the positive section of our psyche emits positive radiation. Given the circumstances, if there are some positive feelings in the surroundings, this section of our psyche absorbs this positive radiation. This person is using the positive part of his psyche, thus is said to be in the "Positive phase", whereby he can only emit or absorb positive radiation.
The negative section may discover negative feelings such as anger, revenge, hatred, meanness, jealousy and reveal them to us. Negative feelings make the brain produce the relevant response, which upon execution on body leads to the generation of toxins. In addition, the negative section of our psyche creates negative radiation, which we expose others and ourselves to; in this case we are in the "Negative phase".

At every possible moment, we can only use one of the sections of our psyche; the positive one or negative. Upon being present in one phase, the door to the other one is automatically locked and the flow of radiation gets blocked across that door. This exactly simulates a door that can be opened only to one exit at a time. Therefore depending on which of the positive or negative sections of our psyche that is blocked at the time, the person will be deprived from (the emission or absorption of) its radiation.

Our thoughts, actions, and behaviours hold and emit radiation. For instance when we look at someone with affection, he is bombarded with positive radiation; whereas our feelings of anger and rage carry negative radiation and it can hurt and damage the person who is exposed to.

The influence of the positive and negative radiation is to the extent that the received radiation can affect the life expectancy of the individual (life span). This radiation is not bound by place and not dependent on the space dimension, for example being far or close does not change its intensity.

If a negative radiation is directed towards us while we are in the positive phase, it will not penetrate us as the valve to our negative psyche is blocked. However, if we are in the negative phase, this radiation can well affect us. The reverse holds true as well; if a positive radiation is coming on our way, while we are in the negative phase, it cannot penetrate us as the valve to our positive psyche is blocked and we will be deprived of it. Therefore, we must try to maintain our mood in the ‘positive phase’ to stop being affected by negative radiation.

2.3. The Coefficient of Life Span or the Coefficient of Cellular Fatigue

There is a part in man’s psychological body that can determine his life span, which we call "Life Span/ Longevity Coefficient" (Figure 2). The more one receives or emits positive radiation, the higher is the life span coefficient and the longer he may live. Thus Jesus Christ’s (peace be upon him) famous motto "to love one’s enemies" is based on this; one is far more hurt and damaged by being in the negative phase than can be imagined.

There are other software that evaluate the positive and negative energies one receives. Below you will find a few examples:

- Under each emotional condition, man is always exposed to a kind of energy which can be received or lost. For instance when we are praised, we receive energy and forget our feelings of fatigue or even hunger and we may even sleep less. On the other hand, when we are blamed or criticized we lose energy and feel weak and may be even unable to move.

This is the underlying basis of psychological war; where the enemy soldier’s morale is shattered by false news to convince them they cannot win the battle and by hurting their national and military pride, their resistance is lowered thus they are doomed to lose.
• There is another software that measures our degree of happiness or dissatisfaction and accordingly receives or looses energy. For instance after buying a second hand car, if a friend tells us that we have paid too much for it, we may feel discharged of energy and might even run a fever and get sick. On the other hand, if someone tells us that we made a real bargain and the car was worth the price, we might get excited and stay awake all night without feeling tired.

• "Self-evaluation" is done by means of another software. Feeling popular and respected plays a great role in this case.

• There is also another important software which estimates our feelings of guilt or good-deed. This software rewards or scores our feelings, and subsequently absorbs or repels energy. When energy is lost, our immune system feels weak and we are more susceptible to disease.

• One’s desires and needs are measured by another software. Once not fulfilled, we lose energy, on the contrary and in case of fulfilment, energy is gained and we feel good.

• "Goal orientation/ achievement of ideals" is measured by another software which also leads to gaining or losing energy. For example, in a football match the fans of the winning team receive a lot of energy and are capable of running for kilometres, whereas the supporters of the losing team lose energy, they don’t have energy to talk, and feel extremely frustrated and depressed.

In fact, reaching our ideal goals itself, gives us such special energy that we totally forget the fatigue and struggle we went through. Otherwise, the feeling of tiredness multiplies. This is why doing the same task over twice consumes more energy and leads to more fatigue.

In general, the overall gained and lost energies are considered by a chief software which ultimately determines the Life Span Coefficient or the Coefficient of Cellular Fatigue. In this regard the more positive energy received, the greater the coefficient and the longevity. On the contrary, more negative energy decreases life span. Thus it can be concluded that maintaining a positive phase has a great impact on our health.

As shown in figure 2, the shaded part starts from the negative section and increases in intensity as it moves towards the positive part. The illustrated section is called the Life Span Coefficient. It shows how our life span increases as we use more of the positive section and how it is reduced when the negative section is more in use. This is to say that being in the positive section is an important factor in increasing longevity.

2.4. Instinctive Psyche & Emotional Psyche

As discussed the "Psyche" detects and manifests feelings. Psyche is divided into two sections that include "Instinctive Psyche" and "Emotional Psyche":

1- Instinctive Psyche

"Instinctive Psyche" refers to the emotional stimulation centre of the living creature that is responsive to its instinctive needs. For instance, delay in feeding a human, animal or even a plant would cause restlessness, anxiety, worry, psychological imbalance and finally depression; or lacking a mate in mating season, could depress an animal. The "Instinctive Psyche" is the common involving factor between human beings, animals and plants in psychological disorders such as depression.
2- Emotional Psyche

Exclusive to mankind, the "Emotional Psyche" manifests human emotions, revealing the feelings in a purposeful fashion. This section of the psyche is capable of demonstrating an emotional reaction in response to any inner and outer interpretations, thus causing positive or negative emotional charges. In this respect, feelings such as: grief, happiness, fear, hope, disappointment, misery, pride, humiliation, and so on is manifested. This gives different meanings to life and existence; and is a part which is unique to mankind.

3.1. Psymentology and Its Significant Practical Application

More than three decades have passed since Dr. Mohammad Ali Taheri introduced the concept of Interuniversal Mysticism (Erfan-e Halqeh) and its subdivisions, including the two fields of complementary medicine Faradarmani and Psymentology in Iran. This doctrine is based on pure intuitive witness-like perception, stemming from direct insight.

Interuniversal Mysticism examines the mystical concepts both in theory and in practice, and since it embraces all human beings, everybody regardless of their race, nationality, religion and personal beliefs, can accept its theoretical part and experience and make use of the practical aspect by establishing a link or connection to the "Interuniversal Consciousness".

The world of existence has been created from motion; therefore all its different manifestations also result from motion. For the reason that any motion requires a primary motivator to cause the movement, also a directing factor to give it a direction, there is an awareness or consciousness governing the universe which we call "Interuniversal Consciousness" that is similar to a "Universal Internet" and is intelligently integrating and cohesively overlapping all the components.

The practical aspect of Psymentology is based on connecting or establishing a link to the "Interuniversal Consciousness" (Figure 3) and the entire pathway of exploration and transformation is made possible through this connection which can be applied and utilized in practice.

![Figure 3. Connecting or establishing a link to the "Interuniversal Consciousness"](image-url)
Psymentology is based on the theory of "The Consciousness Bond of the Parts" or "Parts Having Consciousness in Common" (Figure 4). Through this therapy, the patient/individual becomes connected to the Interuniversal Consciousness via Psymento-therapist (the practitioner is just a mediator providing the connection between the individual and the Interuniversal Consciousness). After this bond is established, the person automatically undergoes the Scanning stage in which all existential constituents of the individual undergo scrutiny through the Consciousness Bond in order to detect any manifested or hidden defects or diseases.

Figure 4. The theory of "The Consciousness Bond of the Parts" or "Parts Having Consciousness Bond"
The practice of *Psymentology* has revealed the existence of the Interuniversal Consciousness, and also exposes its functional and practical applications to be experienced and exploited. Through such experiences, new portals of intellectual revolution have been opened to mankind, because he is on the way to observe and ponder over the whole creation from a different outlook. In other words at this stage mankind would attain a practical acquaintance with the Consciousness encompassing the universe.

**References**


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