

## ART AND INSPIRATION AS APPROACHED BY INTERUNIVERSAL MYSTICISM (ERFAN – E HALGHE)

**Mohammad Ali Taheri**

*Association of Faradarmani & Psymatology, Iran*

**Anahita Ghanaei Miyandoab**

*Association of Faradarmani & Psymatology, U.A.E*

Creation, genesis and birth of Art happen by penetrating through a wall that resembles penetrating through a sound barrier. This type of accessing information, which is the basis and foundation of human's art, is called idiomatically "inspiration (awareness)". "Inspiration (awareness)" is a mental spark and is not gained through imagination or a thought process, neither is it a result of one's previous data. In general, what we call "inspiration is gained on the Step of Eshqh (Love). Inspiration is obtained through Fara-Zehni/ultra-mind receptors [this kind of receptors are not a part of the physical brain], and what is heard, seen or felt is not through the five physical sensory systems (ears and eyes and so on). Any possible inspiration (awareness) that human may receive is either related to "Positive Network" or "Negative Network". Thus upon receiving inspiration, it needs to be evaluated before being exposed as a poem, writing, painting, and so on.

**Keywords:** Art, Divine inspiration, Awareness, Interuniversal mysticism (erfan – e halgheh), Step of eshqh (love), Fara-zehni/ultra-mind receptors, Positive network, Negative network.

### Introduction

Anytime we look at the framework of the creation/world of existence with precision, and any corner which we carefully examine, we discover part of the data pertaining to the design of the creation. For example; when we study the sun, we come across a collection of data such as information about collision of four atoms of hydrogen together and formation of one atom of helium, as to say the nuclear fusion which the sun holds. While in each particle of materialistic world of existence (universe), a part of the information pertaining to the whole existence is discoverable and analyzable, furthermore each atom of the atoms of existence, carries all the information of the existence. In other words, the book of material [world of] existence is the book of engineering the creation which bears all the information about the manner of its design and operation/implementation.

It is impossible for human to get to know any information or science that has not been written in the book of the material world of existence, or to build a device which its design does not exist in this book. In other words, different sciences such as chemistry and physics, and the creation of art have been made

available to human through this book of existence. Meaning that to whatever branch of art or science we refer to, we realize that the associated knowledge is existent in this book of evident divine signs.

To the one whose soul is in manifestation  
World of books is entitled to the exalted  
(Shabestary)

Human, by reading this book, becomes familiar with the knowledge of the designer (God) and his power of creation, but simultaneously, human is always observant to a very small part of it. The knowledge of the designer is by far more than the knowledge of us, humans, and there is no science outside the domain of his knowledge. Therefore, our knowledge and what we have called it as art/science, we have deduced from that book, and are considered as a small part of the whole science/knowledge.

The duty of human is reading this book, discovering its hidden/unrevealed data and employing those data which leads to [the formation of] art and science. But considering that human, in the beginning of his life on this earthly planet, had no knowledge and did not know anything, we face this important question that, in which manner art was born? Meaning: how have our ancestors been able to read, extract or in other words, to penetrate into the data existing within the world.

We are submerged in information, and data regarding the [world of] existence is concealed everywhere and in every particle. All this information has been already written in the book of the universe, or the book of 'obvious divine signs', which is indeed the boundless arena of skies and earth. Reading this book and penetrating into its data are necessary for human. Penetrating, decoding and discovering the written secrets of this book have made the human's progress valuable. Human is submerged in the data of/about the existence; but there is a wall that prevents him from a direct access to this information; however each time he accesses some information through a *mental spark*, he has somehow penetrated this wall. Penetrating into this wall (the barrier between human and existence's data) is very difficult; however in case of penetration, the flow of information occurs very easily.

If this wall between human and information did not exist, he would have obtained all the information of existence instantly in the beginning of life and in this way, all the puzzles of existence would have been solved for him and then, there would have been no need to search for such an understanding and he would have not shown any enthusiasm for attaining it.

Human's mind has the capability of deduction and inductive reasoning, however, in many cases, he discovers subjects which he had never imagined and they have not been resulted from means such as thinking. In fact in many cases, human himself does not know what information he should be looking for. On the other hand, the life span of human is not long enough to be able to answer his questions only by depending on logic and laboratory tests. Therefore, he has to go beyond, and penetrate into the existence's data through some other means. This barrier is breakable and throughout the history, it has been broken in many occasions of scientific findings, inventions, creation of music and poem and so on.

In summary, creation, genesis and birth of art happen by penetrating through a wall that resembles penetrating through a sound barrier. This type of accessing information, which is the basis and foundation of creation of art, is called idiomatically "inspiration (awareness)".

"Inspiration (awareness)" is a mental spark and is not gained through imagination or a thought process. Neither is it a result of one's previous data. On the contrary, inspiration confronts a person with new data/knowledge. In this regard, the common characteristic of all mental sparks (inspiration/awareness) that occur in a fraction of a second and that come in different types, is that when encountered with, a person becomes aware of something new which he was not aware of it before, and consequently is able to create something new such as an artwork.

### Step of Logic and Step of Eshqh (Love)

The human being is always faced with two steps: step of Logic and step of Eshqh (love):

All the human's interactions with the world of existence are based on one of these two types of approaches. What is encountered at each step, have no direct functionality at the other step; however its

outcomes, can be studied at the other step. For instance, a person in love cannot be convinced through advice, recommendations, reasoning and rationalization to give up his affection for his beloved; neither be convinced to love somebody else. So, at the step of Eshqh it has been said:

***Logic stands on wooden stilts  
The wood that wavers, tips and tilts  
-Molana***

Also we cannot create talent in music, painting and so on in somebody through technique, science, knowledge or intellectual contemplation and make him to show some enthusiasm and passion that enable him to compose some poem or to create a piece of art. In other words the world of Eshqh, is the world of heart, and is not accepting technique and skill and so on, it is going through its own special way where no advice and counsel would be effective.

***Where am from, is far away from where the advices come  
Thou Saki [means wine server in Farsi]! Pass it around and pour that  
Life-giving goblet into my heart  
-Molana***

No consequences related to world of Eshqh may be transferable or comprehensible through writing and books:

***If, our fellow student, thou remain, wash white the leaves;  
For, in the book, love's art is not  
-Hafez***

The world of Eshqh is not accessible through struggle, endeavour and will power; for instance someone says he would try to fall in love within the next few hours or he would find the truth of the universe by endeavour or that he will try to create an artwork in within the next few hours.

***Never can you reach the jewel of the desire by own endeavour  
It's mere fancy to do this without intermediary (Divine help)  
-Hafez***

Also no one can be forced to compose a lovely poem or to be excited, nor can one pressure himself to be surprised or astonished. The affairs of the world of Eshqh are spontaneous and must be created in a self-initiated unprompted manner.

Frequently the affairs of Eshqh are opposed by logic. For instance if a person sacrifices and devotes himself to others and has excessive generosity, his actions have no logical justification and are rejected by logic and intellect, so it is said:

***Intellect won't risk a path, which may bring him disappointment  
Only Eshqh (love) jumps into unknown heedlessly  
Applause Eshqh! To him true bravery belongs, Intellect seeks but  
only self-indulgent  
-Molana***

So logic continually opposes any action which does not bring tangible and material benefits and where man wants to follow the heart, it obstinately opposes him. For instance when someone intends to experience metaphysical or supernatural phenomenon, logic severely reacts against this and totally denies the possibility of existence of such phenomenon.

On the step of logic, there are two groups of means; main and intermediary. The main means are those which are used directly in practice such as science, knowledge, technique, advice and so on. The intermediary means are at the service of the main ones but they are not measurable or testable such as

effort, endeavour, determination, imagination, and so on. Unlike the world of logic, the world of Eshqh is not describable or explicable, and experiences in this field are not transferable through words.

*Although the tongue can guide us through  
The sounds of Eshqh are silent and true  
-Molana*

*In Eshqh's sanctuary, of talking and of hearing, one cannot mouth  
there, all parts (of the body) must be an 'eye and ear'  
-Hafez*

In summary, the step of Eshqh (Love) is the world free of tools -the world of quality, while the step of Logic is the world of tools -the world of quantity.

### **How is Inspiration (Awareness) Received?**

As it was discussed, inspiration (awareness) is achieved on the Step of Eshqh (Love). In some cases, inspiration is received as ultra-time, ultra-space and ultra-language. The inspiration revealed/received in this way, includes no words or images (It is not in the form of sound, image or words), and in less than an instance an immense amount of truth is made available and known to an individual. Nevertheless, after receiving, it is crucial to be reviewed in detail. But sometimes, inspiration comes in the form of distinct words, such as poems.

In most cases, verbal-type inspiration is explicit but in some cases they may be ambiguous and require decoding or elucidation. For example, in mystical poetry, there are icons of practical mysticism that their meanings need to be identified. Another type of inspiration is in the form of visual images that convey a message through image. These images, at times, require interpretation and deduction.

It should be noted that inspiration (awareness) is obtained through Fara-Zehni (ultra-mind) receptors [this kind of receptors are not a part of the physical brain], and what is heard, seen or felt is not through the five physical sensory systems (ears and eyes and so on). However through Fara-zehni (ultra-mind) perception, certain receptors and circuits in the brain become activated and images, colours and words are recognized in this way.

### **How to Distinguish the Inspiration (Awareness) of Positive and Negative Network**

Any possible inspiration (awareness) that human may receive is either related to "Positive Network" or "Negative Network".

The information from the Positive Network guides man towards *Kamal* (spiritual perfection) and facilitates his way in reaching unity with the world of existence. Amongst outcomes of such guidance is reaching the inner joy, peace and so on.

The information which facilitates showing off, attaining materialistic and personal profits, gaining dominance and influence over others, mind-reading, information which contradicts God's justice, violates man's freedom of choice, personal privacy and confidentiality and causing multiplicity ['multiplicity' is a term used versus 'unity' and means distancing and separation of humans from each other] are all coming from the Negative Network. The Positive Network never provides anyone with such information.

Amongst the outcomes of using -knowingly or unknowingly- the information received from the Negative Network, are feeling anxious and being restless, depression and disappointment, sorrow, grief and feeling lonely.

In addition, all the information that induces fear and terror, worrying and stress, disappointment and hopelessness, sorrow and grief and depression, whether in wakefulness or in sleep (dreams), are definitely from Negative Network.

Therefore, upon receiving inspiration, it needs to be evaluated before being exposed as a poem, writing, painting, carving a statue, or composing music and so on.

### **Conclusion**

In conclusion, without inspiration and receiving awareness, each one of us is using only a small unit of the infinite capabilities of our brain. The brain has facilities to translate endless inspiration (awareness) into the language of the body which without inspiration this ability remains inactive. By activating these sections, colours and images are even seen that were not viewable before receiving inspiration.

The high number of brain receptors that are activated only through inspiration, indicate that these facilities should not be ignored and we should not suffice to sensory experiences and mental phenomena.

### **References**

1. \*Taheri. M.A; A Collection of Articles, Grigour Publication, 2011.
2. \*Taheri, M.A., Human from Another Outlook, Bijan Publication, 2009.